

BY THE SEA

by Hart Kats

Camp Waupaca places a strong emphasis on water activities during the programmed season. The program aims to teach every camper how to handle himself in the water. Thus, he learns not only swimming skills but also how to handle himself in water and know his own limits. We feel that when a camper leaves at the end of the season he has been given more than an adequate chance to learn these lessons.

Swimming classes are compulsory for all campers. On each day of the week, they come down to the beach and are taught by qualified instructors (holding at least a Senior Lifesaving certificate) swimming skills developed and approved by the American Red Cross. The classes, grouped according to swimming ability, are generally small, with the pupil instructor ratio rarely exceeding 8 to 1. For about four to five weeks the staff for a given class will teach the campers in the class respective skills outlined by the ARC. They will then test these campers and if the camper is successful, he will receive his swimming card. One ideal, however is to discourage the flagrant issuance of cards simply "to give the kid a card." Hence when the camper does receive his certificate, it can be assumed that he has earned it.

In the afternoon, a General Swim (or G-Swim as it is always called) is called and all campers are encouraged to come down and enjoy the water as well as familiarize themselves with the skills they acquired during Instructional Swim. During the swims, as indeed during any waterfront activity, the attitude toward safety is defensive. Whereas at a public beach, guards are merely on watch for emergencies, at camp, the staff is continually on the alert for anything which might give rise to an emergency. A near-drowning at camp is as catastrophic as an actual drowning would be.

Each camper has a buddy number and goes into the area for which he is qualified only with a buddy of equal ability. The buddies are to remain close together at all times and always be aware of the other's whereabouts. When, every ten minutes, a "buddy check" is called, all activity stops, and everybody gets with his buddy and waits to be counted. Only when the "All OK" whistle has blown can the swim resume. As of this time, no serious situations have arisen. We have reason to believe the system is a good one.

As well there are 20 rowboats and 5 canoes on the waterfront. Campers are allowed to take these boats only during supervised periods and must always wear a lifejacket. Our boating classes give them a sound knowledge of the maneuvering and safety factors of a small craft.

We feel that the waterfront is a safe and enjoyable spot for all of Waupaca's campers.

SNORKELING

by Clark Cooper

One of the world's fastest growing sports is the sport of skin diving. With the advent of the snorkel and the face mask skin diving became available to anyone with a love for the water. The thrill of searching and exploring the floors of Neptune's kingdom is something that cannot really be described. Beneath the surface of the waters the diver enters a completely new and unexplored planet. The diver is like a space man, free and floating over a strange new world, seeing sights not seen by anyone else's eyes, experiencing an opportunity and pleasure that is exclusive to him, and receiving an unique education through his own senses.

But, like the space man, the skin diving snorkeler must be trained for his own safety and protection. Skin diving can cost a careless person his life, whereas a trained and knowledgeable person can have many years of safe, healthy, pleasurable enjoyment with the sport. First, skin diving classes are open only to swimmers; the person who cannot tread water and swim a minimum of 150 yards is not eligible for the class. The swimmer is also tested on his ability to hold his breath underwater. He must not suffer from claustrophobia or acrophobia or any other basic fears. When it is ascertained that the prospective skin diving student has a fair chance for success he is accepted into the class and his training begins.

For the basic grade snorkeler card he must clear a flooded snorkel without raising his head out of the water at least three times in succession. He must clear a flooded mask underwater at least three times in succession. He must be able to resist panic situations when the snorkel or mask or both are torn, unexpectedly, from his face; he must be able to replace them calmly and clear them while submerged. He learns the basic underwater hand signals. He also must master an underwater search and retrieve in six - feet of water. The most difficult thing in all of this is learning to one's self. Those that do fail out do so because they cannot tolerate the discomfort of water entering the nose.

To earn the Intermediate Grade Snorkeler card they must have completed the Basic Grade card, mastered the Grid search method, the Spiral search method, gone through a 1,000 yard shore line exploration snorkel swim, done a head first surface dive to a depth of eight feet, done a feet first surface dive to a depth of eight feet, mastered all the pressure equalization feats the body is capable of, and swim twenty five feet on the bottom without using the hands. The card is finished by mastering buddy-breathing with the snorkel prior to going on to Scuba.

The next step is Scuba Skin Diving.

WATERSKIING

by Terry Rifkin

"Waterskiing is a lot of fun, and is absolutely safe if the rules are learned and followed."

With this introduction the ski class begins anew every second week. The program is well established for this is our ninth year of skiing at camp. With each new year the number of boys who try waterskiing increases. Our program is based on the guidelines for camps set up by the American Water Ski Association, of which we are a member. The classifications, 3rd, 2nd, 1st, Expert, correspond, of course, to increasing ability.

Third class is a beginner skier who has developed moderately good form on two skis and can perform the beginning tricks well: cutting the wake, form landings, and deep water starts.

Second class is awarded to those boys who have perfected the tricks on two skis and have good form. Some of the stunts required are dock starts, no hands, and stop-start.

First class requires the mastery of slalom skiing, that is skiing on one ski (the ski has an elongated rudder to give better control.) At this point in the program, a boy is given the opportunity to ski in Big Stratton, a connecting lake, with long practice straightaways. Being able to start on the slalom is the next goal.

Expert requires the perfection of slalom skiing and gives an introduction to competitive skiing, like 180° turns and the side slides.

In particular, this year has been an outstanding one for waterskiing at camp. More boys have begun the program, and those already in it have accomplished more than ever. Final awards total fifty-one. Of these, sixteen are beginners.

BEGINNER SWIMMING

by Marc Ringel
and
Bob Hirsch

Beginning swimming is one of the most crucial rungs in the Red Cross swimming skills ladder. It takes the boy who is totally unfamiliar with the water and gives him the skills necessary to stay afloat and propel himself in deep water.

To receive his card, the beginner must pass these two combined tests:

- 1) Jump into deep water, level off and swim fifteen yards, turn about and swim back to the starting point
- 2) Dive into deep water, swim fifteen yards, turn around, turn over on the back and rest in a floating position for fifteen seconds, then turn around again and swim back to the starting point.

Fundamentals such as breathing and body position, if learned correctly in Beginners' Class will make the job of the future intermediate and swimmer instructors immeasurably easier. This season we have stressed building a good foundation upon which more advanced skills will be easily added.

JUNIOR LIFESAVING

by Peter Friend

Junior Lifesaving, or "Junior Death" as it is fondly called by this instructor, attempts to instill a feeling of real fear and terror into the hearts and psyche of some of Camp Waupaca's better aquatic performers. The course is basically divided into the following phases: approaches, carries, releases, and retreats, with emphasis upon the latter phase. The basic class pattern is a series of land drills followed by more land activity after which we enter the water (brrr) for a quick dip before terminating the day's activity. Our superlative efforts on the beach make it unnecessary to enter the water for any longer duration.

INTERMEDIATE SWIMMING

by Bob Hirsch

The objective of the intermediate course is to provide the student with the opportunity to learn the elements of good swimming. The course introduces to the students the basic arm and leg strokes and teaches the students to coordinate the arms and legs in the basic styles of swimming - crawl, breast, side and elementary back strokes. The student is provided with additional skills such as sculling, underwater swimming, and treading water.

By the termination of the course, students are able to increase stamina and endurance in addition to becoming adept at the various strokes and skills. Students have opportunities to swim lakers and double lakers. This is preparatory to a final test for the course, a five minute deep water swim, which affords the students an opportunity to demonstrate the various skills they have mastered. While each boy's rate of improvement and development as a swimmer varies with his individual ability no boy is without improvement.

ADVANCED SWIMMING

by Hart Katz

For those who have earned their Junior Lifesaving certificates, the Red Cross offers an Advanced Swimming course which aims at perfecting the nine officially recognized styles of swimming. A boy, having passed this course, can be considered a good candidate for a Water Safety Instructor.

The first five weeks were devoted to instruction and drill on these strokes until everyone had demonstrated a level adequate for that skill. During the last three weeks the concentration turned toward more sophisticated lifesaving techniques. The boys were pushed to their limits and endurance as they were confronted at time and again with unexpected mock emergency situations and simply told to "do what they thought best." These last weeks taught the boys how to work within their own limitations - a knowledge vital to acting in any emergency.

All the boys feel they have developed a stronger respect for and a greater capability in the water.

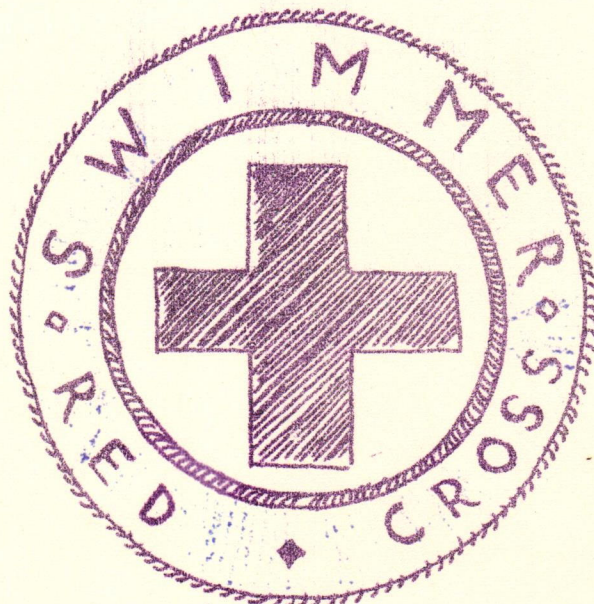
SWIMMERS

by Hart Kats

After having learned the elements contained within the four basic strokes and having begun to put these elements together, the camper begins his instruction for the Swimmer card. Here he learns to polish his coordination in the crawl, back, breast, and side strokes. As well, he improves his ability above the water (diving) and below (surface diving and underwater swimming.)

The classes this season were headed by Sue Krohn and Gary Rami. Sue spent much of her time drilling the swimmers and perfecting their strokes while Gary devoted the last part of the season to having the students individually prepare and conduct the classes on the basic strokes.

Those that passed the swimmers test can begin work on their Junior Lifesaving certificate.



SPECIAL DAYS

OLYMPICS DAY

The day dedicated to the glorification of sports and sportsmanship, Olympics Day, was held during the first four weeks of camp this summer at Camp Waupaca. Eight carefully planned and well practiced teams represented eight of the great nations of the world Great Britain, the Union of Soviet Socialist Republics, Japan, Israel, Canada, France, Italy, and the United States of America. After a day of grueling athletic contests which followed a parade of nations and a waterfront ceremony, many of Camp Waupaca's numbers were awarded with and donned the beautiful gold, silver and bronze medals they had strived to win. Carrying back the honors to their nation, however, was Canada, led by Prime Minister Hart Kats. They took a very close first place.

PIED PIPER DAY

The Pied Piper again struck Camp Waupaca this year, and brought after him the entire camp for a Hawaiian luau. A lamb was roasted fresh upon an open pit, as the camp dined upon it and two fingered poi. One of the most elaborate days at camp, the pleasure gained from this Hawaiian luau will not be soon forgotten.

FRANK BUCK DAY

"Bring 'em back alive was the yell," and Frank Buck Day began at Camp Waupaca. Scouring the Waupaca area for all wild animals, from frogs, turtles and raccoons to elephants, Cabin 12 proved to be the best hunters in camp. This year, matching contests, Nature Bingo and other new and different innovations were added to the special day by Bob Mowen, Camp Naturalist.

HOBO DAY

This year's first place Hobo, Steve Blustein, led the camp to the old campsite for Camp Waupaca's annual Hobo Day. With the entire camp dressed in torn or ragged garb for the occasion, a huge boiling pot of stew was prepared for dinner. After the succulent meal, fit for any hobo, Bob Moran led special relay races that are found only in the best Hobo Camps. After a cool and refreshing soap drill, the camp agreed that this was the best Hobo Day Camp Waupaca had seen.

GOLD RUSH DAY

"There's gold in them thar hills," was the cry, and Gold Rush Day '66 officially began at Camp Waupaca. It all started when gold miraculously appeared, sprouting forth from the camp grounds. It was quickly scooped up by the avaricious campers, who then brought it to the Assayer's Office where it was actually weighed and yielded the going market rate in Gold Rush Cash. This cash was in turn spent upon the various concessions, booths and casinos designed by the individual cabins to their own "best interests."

ROMAN BANQUET

The Great God Zeus invited the members of Camp Waupaca to dine with him at Mount Olympus, alias the riflery range, for this year's Roman Banquet. Seated cross legged at tables, the camp feasted on fried chicken and fried bananas fit for the gods and served graciously by toga clad kitchen girls. Later in the evening, Roman Senators Tomchek, Schaeffer, Cooper and Towne were entertained by the camp as the campers participated in games fitting any gala Roman holiday.

THE
DAVE
WEINER
SPORTSMANSHIP
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WON
BY

This, the most coveted award presented at Camp Waupaca, goes to the individual camper at camp for the full eight week period who best exemplifies those qualities comprising sportsmanship. The camper awarded the Dave Weiner Sportsmanship Trophy must prove not only to the staff of the camp, but the campers as well that he is an individual of good sportsmanship off the athletic fields as well as on; in the cabin as well as out. At the time "Trail's End '66" goes to press, the winner of the Dave Weiner Sportsmanship Trophy has not as yet been decided, - but we wish him the best of luck in his future endeavors, and may he never forget the trophy which he won nor the reason for winning it.

LITERARY PAGES

On the next few pages are found the works of the future Shakespeares, Chaucers and Salingers. They are printed exactly as submitted to "The Trail's End '66." Keep them in your library. One day they may bring a handsome price as the first published works of the modern masters.

WHAT I LIKE MOST ABOUT CAMP

by Steve Blustein

To me, the best thing about camp is getting the experience of taking care of yourself and living under the same roof with other boys. It gives me the opportunity to do things I like best such as swimming, skiing (it gets your hair wet) and horseback ridings. It gives me the chance to develop the skills I might have. It also gives you a chance to rough it. So next time you start complaining about how rough it is at home, you can look back at your camp life and see how much plainer home is. If you ask me, camping is the best thing that could happen to a kid!

WHY I LIKE CAMP

by Paul Steinfeld

I enjoy camp because of all the opportunity it offers me.

This is my second year at Camp Waupaca and I really enjoyed it. Why? Because here at camp you have a choice of classes from water-skiing to nature, nature to golf, golf to riflery, etc.

It also gives me a chance to do things which I never can do at home. Such things as building things out of wood, which is a part of the nature department.

The classes I like best at camp are nature, water-skiing, (which I'm improving at) and swimming.

Life at camp is great because the counsellors are great, the staff is great, the kids are great, the food is great (I should know). As a matter of fact, everything is great at Camp Waupaca!

WHY I LIKE CAMP

by David Behm

I like camp because it teaches me things that I couldn't learn at home, like riflery, archery, tennis, etc. But most of all it teaches me how to get along with other people. Camp helps me get better at things I'm too poor at, and things just to review. Camp trains me to live with other boys. Camp is the best way I know to spend a summer.

WHY I LIKED BEING IN THE PLAYS THIS YEAR

by Bruce Fogel

This year we held two plays. The first one was "The Spirit of '76." I had the part of Betsy Ross. I had fun doing this because it gave me a chance to show off my "acting talents" in front of the camp. The play was a success, mainly because of the great directing by Al Schaeffer and Wally Touchek. I think the entire cast enjoyed working on the play, not to mention the treat. For the parents we gave a show called "North Terrific." I had the part of Stanley Hardy, an Intermediate Village camper. It was a show about life in camp, held in the Tyrone Guppy Theatre. We rehearsed only three days before we put on the first show. Rehearsals were really hurried. It was very good, but not as good as it could have been. We kept perfecting our play until it was really great for the fifth week. I had even more fun in this play. I know all the campers and parents enjoyed our play.

CAMP IN THE EYES OF OLD AND NEW

by Jeff Rubin
and Barry Schwartz

Barry Schwartz and Jeff Rubin both have similar ideas concerning camp, although Barry has been here only four weeks and Jeff four years.

We both agree that Camp Waupaca fulfills its purpose in providing boys with fun and experience.

In the short time Barry has been here, he has covered almost all the areas Jeff has, only not as thoroughly. In other words, Barry has had the fun but not as much experience.

Barry feels he gets the most enjoyment in competing with other boys his own age in an organized game. He also enjoys sports in camp that he doesn't get at home, such as water skiing, fishing, etc.

Jeff also agrees in Barry's view points, and enjoys most the idea of being away from home with other boys.

We both agree camp is a great experience for boys and we wish to see all boys find the pleasure we have had.

THE DIET TABLE

by David Kerstein

At the beginning of the year, seven plump boys decided they wanted to lose weight. These boys are David Kerstein, David Scheinberg, Bruce Fogel, Rodd Stein, David David, Jonathan Smith, and our newest member, Paul Steinfeld. Our counsellors are Terry Rifkin and Emily. At the diet table we have an average of 1200 calories a day which may seem like a lot, but it isn't! However, the boys that stayed on the diet lost an average of 15 lbs. each.