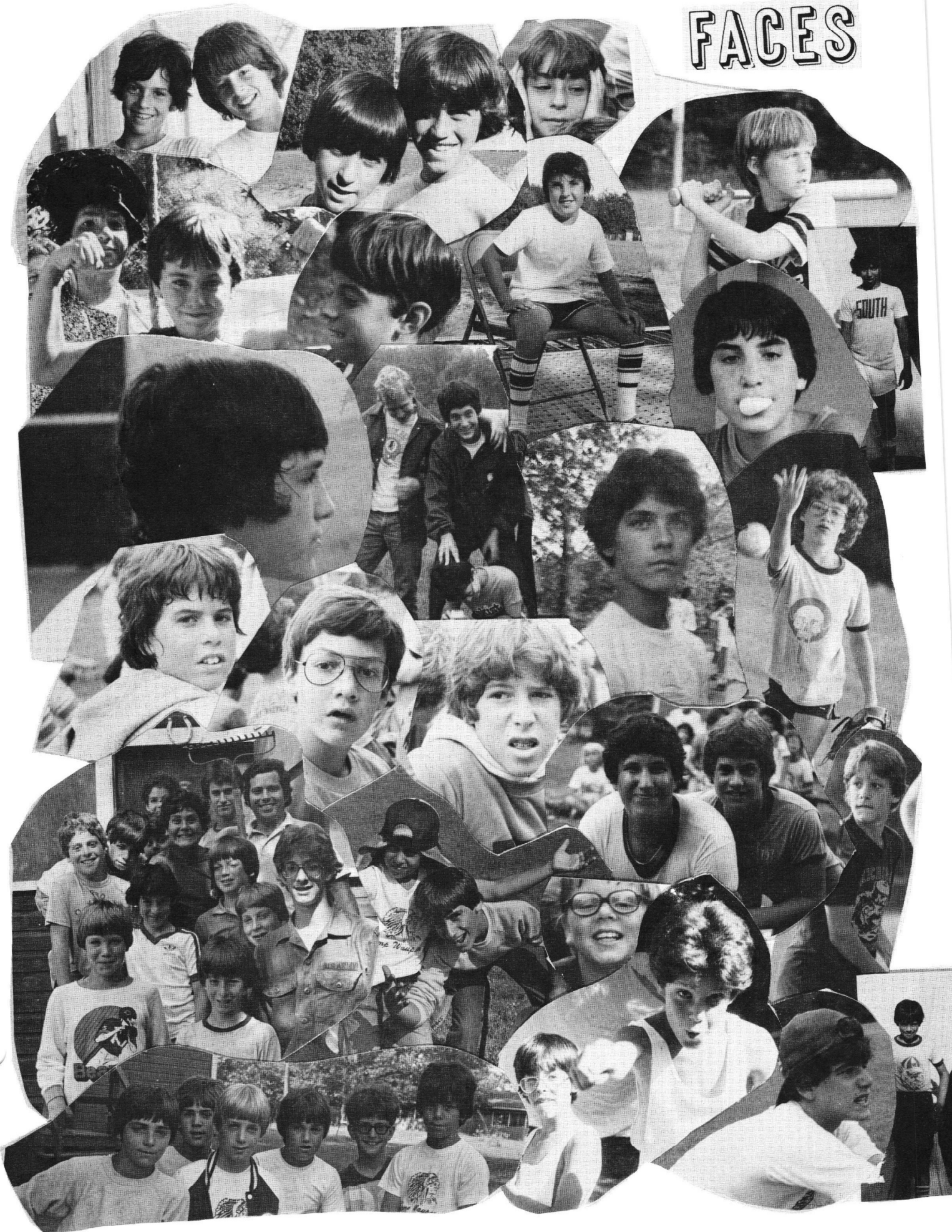


# FACES



# RIFLERY

One of the most popular areas in Camp is the Rifle range. Riflery is an individual sport which allows a person to develop concentration and hand and eye coordination. This year, the staff taught using repetition to build into the boys a clear understanding of the rifle and marksmanship.

The first thing taught was fundamentals of the rifle and proper care and handling of a .22 calibre rifle. After each camper became proficient in naming all parts of a rifle, a round of ammunition was taken apart to reveal the four parts of a .22 long bullet. The campers then learned the first position in shooting qualifying targets, the "proper prone position," (A phrase heard many times on the range this summer,) including use of the sling, (a must), butt against the shoulder, (Right, Bobby G.?) and the rifle holding itself up with the left arm. The most important subject discussed with campers this summer was safety and range rules, covered by our highly professional staff of National Rifle Association Certified Rifle Instructors, Ray Krysh, Phil Goldberg, and Mike Lurie. The boys then began shooting qualifying targets for NRA awards, (listed herein). Patches, certificates, and medals were awarded the last day of camp to those boys who shot ten qualifying targets in the different categories.

During the first four weeks, some of the boys qualified for the Camp Waupaca Rifle Team. These boys were honored with the privilege of travelling to Camp Micquano for a rifle meet. Members of the team were:

## Junior Team

Dan Greenstein, Capt.  
Tony Davis  
Jeff Zeinfeld  
Paul Chanan  
Cole Leavitt  
David Kramer

## Senior Team

Steve Kramer, Capt.  
Sy Sussman  
Harry Barnett  
Steve Prebish  
Joel Feinstein  
Eric Gould



The score was encouraging as the Camp Waupaca Rifle team defeated the Camp Micquano rifle team. A job well done, boyce.

Many individual achievements were reached on the range this summer. The first bullseye award goes to David Euer. The highest prone target was a 47, turned in by a bright new shooter, Tony Davis. Robert Katz tied Tony's score, but with a little help, right Rob? Also tied with a 47 was Lorne Malin. This summer also saw many young shooters getting into the sitting and kneeling positions. The highest sitting target went to Jeff Zeinfeld who shot a 46. The highest kneeling target was a 44 shot by Harry Barnett.

Many returning campers excelled in riflery this summer. It was difficult to decide which boy was the most improved, but slaving many hours over the file box we decided that the most improved rifleman was Jeff Zeinfeld. Congradulations, Jeff, and next summer you will have your expert, right?

The new campers on the scene of 1980 were not silent with their scoring talents. Many new boys did very well their first time out, including Howard Malitz and Tony Davis. However, the award for the best new shooter goes to Harry Barnett. Harry started out shooting in the 40's and was in the sitting position in no time.

Unlike many other athletic activities at camp, riflery takes little athletic ability. When a boy is unable to perform in team sports because of an injury, they turn to the individual activities like archery, crafts, and riflery. Fortunately only one boy had such a situation. Our hats go off (our Remington hats, that is) to Robert Katz who had a cast on his arm for a week or two and turned to riflery for salvation and, completed Bar One in just three weeks. Great job Robert.

Now the part you have been waiting for-- to see your name with a list of awards you have won this summer. right? First an explanation of the awards. You had to shoot ten qualifying targets in each category to receive an award. A target of 37, for example would count as 1 target towards Pro-Marksman, Marksman, Marksman First Class, and Sharpshooter. The categories include:

Pro Marksman.....20-24	Prone	Bar 4.....40-50	Sitting
Marksman.....25-29	Prone	Bar 5.....30-34	Kneeling
Marksman, 1st...30-34	Prone	Bar 6.....35-39	Kneeling
Sharpshooter....35-39	Prone	Bar 7.....40-50	Kneeling
Bar 1.....40-50	Prone	Bar 8.....30-34	Standing
Bar 2.....30-34	Sitting	Bar 9.....35-39	Standing
Bar 3.....35-39	Sitting	Expert...40-50	Standing

All set? You bet...Awards next page.

RIFLERY AWARDS 1980

Jon Abt-Pro, Mark.	Larry Kirsch- Sharp.
Michael Ash, Pro, Mark.	David Kramer- 1st, Sharp.
James Atlas-Pro, 1st	Steve Kramer- Bar 8
Harry Barnett-Pro, Bar 4	David Lasker- 1st
Matt Belden-Pro	David Levy- Pro
Greg Berke-Bar 2-4	David Lundstrom- Pro
Len Burstyn-Pro, Mark.	Lorne Malin- Mark, Sharp.
David Buyer-Mark, 1st	Howard Malitz Pro-Bar 1
Paul Chanan-Bar 1-3	David Melam- Pro
Steve Chanan-Pro, Mark.	Gary Mines- Pro, Sharp
Tony Davis-Pro, Bar 1	Adam More- Mark.
David Euer-Sharp.	Bob Moskiewicz- Mark- Sharp.
Elizabeth Euer-Pro	David Moskiewicz-1st, Sharp.
Jim Feinstein- 1st, Sharp.	Barry Munic-Pro, Mark.
Joel Feinstein- Mark, Bar 1	Harley Naroff- Pro
Keith Fohrman-Pro, Sharp.	Jason Perlow- Pro
Bob Frank- 1st, Sharp.	Harold Pine- Pro, Mark.
Rich Friedman-Mark.	Greg Prebish- 1st- Bar1
Dan Fuhrman- Mark, Pro	Steve Prebish- Bar 4
Al Gilbert- Pro	Keith Rabin-Mark 1st
Matt Glass- Pro, Mark.	Greg Richman- Bar 3
Eric Gould- Bar 1	Loren Roseman- 1st
Dan Greenstein- Bar 1-3	Brian Rosenberg- Pro
Josh Greenstein- Mark.	Scott Rubin- Pro, 1st
Kim Greenwood- Pro, Mark.	Howie Schaffer- Pro
Bob Gruen- Pro, Sharp.	Gary Schotz- Pro, Mark
Todd Horberg-Pro, 1st	Kevin Schulman- 1st
Rick Horwitz- Pro, Mark	Adam Silverman-Pro, 1st
Eric Kaplan- Pro, Sharp.	Greg Silverman- Pro, Mark.
David Kaplan- Pro-Sharp.	Jackie Sirajullah- Pro, Sharp.
Rob Katz- Pro, Bar 1	Jeff Spagat- Pro Sharp.
David Kennedy- Pro, Mark.	Aaron Sussman- Mark.
Sy Sussman- Bar 3-4	Jeff Veltman- Sharp
Steve Wanty- 1st- Bar 1	Scott Weissman- Pro-Mark.
Cary Zakon- Pro, Mark.	Jeff Zeinfeld- Bar1-6

Even the safest range has its share of humorous moments. Camp Waupaca is not immune from these wistful situations. Like the time the deer mouse incident, (cover me Phil) Other fun times included shooting the Ayatollah with "Betsy," "Bertha," and "Baby." Thanks Charlie for the Ayatollah targets.

At the close of the 1980 rifle season, the staff would like thank our helpful and occasionally interesting assistants, Steve Kramer, Harry Barnett, Steve Prebish, Sy Sussman and Eric "the Wonder Dog" Kaplan. We would like to thank Manny for all his cooperation. (Charlie is giving us a credit card next year!) To Wayne Towne, our Obi-Wan Kenobi of the range, we thank you for your ordering skills and assistance. And to future rifleman, a hearty thank you, for this summer wouldn't have been fun without you. Next year we'll have a bigger and better program.

Mike Lurie  
Phil Goldberg  
Ray Krysh

# SKIING

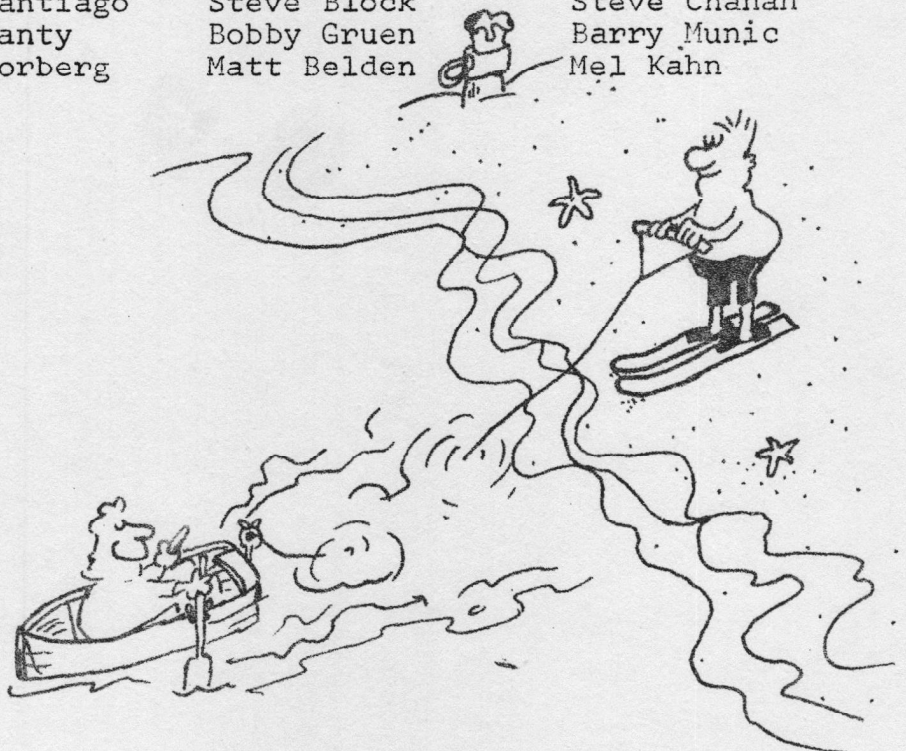
No question about it: Skiing is the Camp's most popular activity. It was a new experience to many and a challenge to all. Therefore, all who tried mastered the boards in one way or another. Of course we never had any difficulty finding a spotter.

But no one could ever forget the magic moments when skier and the lake were at harmony and became one. No one could forget the Olympics when Jeff Rissman, Greg Richman, and Mike Hollobow ended 1st, 2nd, & 3rd respectively.

Our boats served us well and no camp could boast our extensive skiing schedule: Four periods of classes, rest hour, and free time. Unbelievable! There was a great deal of self confidence on the ski dock and in the water this year. In that spirit we offer these achievements:

## FIRST TIME SKIERS

Jon Abt	Blaine Feldstein	David Spiwak
Harry Barnett	Elizabeth Euer	Joey Axelrod
Todd Horberg	Lee Rudy	James Atlas
Matt Glass	Lenny Burstyn	Scott Weissman
Tony Davis	Dan Fuhrman	David Melam
Greg Silverman	Joey Gan	Adam Fishman
Harold Pine	Justin Graham	Steve Weinstein
Scott Siegal	Dan Greenstein	David Greenwald
Teddy Levine	Howard Malitz	Scott Ring
Scott Rubin	Bennett Shapiro	Keith Fohrman
Jason Siegal	Brad Shoemaker	Jeff Dubofsky
Mark Santiago	Steve Block	Steve Chanan
Matt Wanty	Bobby Gruen	Barry Munic
Todd Horberg	Matt Belden	Mel Kahn



We had a great number of boys who tried something new this year. Either a boy tried to drop a ski and slalom, trick ski, barefoot, dock start, flying dock start, barefoot beach start (a toughie) or juggle while skiing. The possibilities are endless. The following boys made good progress kicking a ski to slalom for the first time: Mark Leb, Jeff Veltman, Jon Abt, Bobby Frank Jimmy Feinstein, and Rick Fradin.

The most improved skiers for the summer were:

MOST IMPROVED SKIERS

Jon Abt	Mark Leb
David Buyer	Alan Hochman
Allan Gilbert	Gary Schotz
Eric Gould	Jeff Veltman
Mike Hochman	Scott Silverman

We had an elite few who were able to ski barefoot this year. Either the boys kicked a slalom ski to ski barefoot, or they tried to get up in deep water without skis. At any rate here is the Club:

BAREFOOT CLUB

Jeff Rissman	Marc Roskin
Greg Richman	Paul Rosengarten
Greg Berke	Steve Stolz

and Gordy Adams

Its time to put the boats, skis, and jackets away for another year, but we'll be back next year with another great program and some new innovations. See ya!

John Schmitt  
Gordy Adams  
Steve Stolz  
Preston Gordon  
Gary Boldt  
Warren Metzdorff  
Paul Rosengarten

"Better than Bartlett"  
Skiing Instructors & Drivers

Greatest Improvement: Greg Richman  
Most enthusiastic Spotter: Marc Roskin  
Camp's Best Skier: Jeff Rissman

# TENNIS

The Tennis program at Camp Waupaca this year provided fun and improved skills for everyone involved. The campers participated in lessons & in-class matches which led to their tremendous improvement.

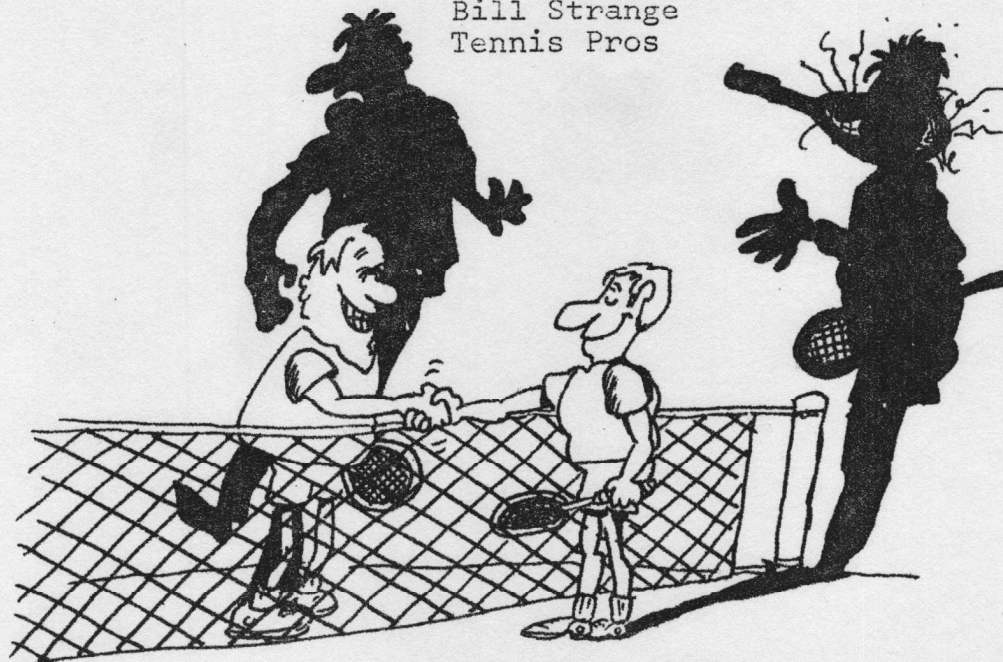
Even though the first four week campers were disappointed about not having the camper counsellor tournament, there was much self improvement on the courts. A top of anyones most improved list would have to be Jay Goldstein and Michael Ash. Among better young players were David Cohen and Jason Siegal.

Some of the dedicated players were Dan Vishny Art Reinstein, Greg Silverman, Teddy Levine, Don Schwartz, Harley Naroff, and Todd Horberg.

The second four week classes were hampered by all the special activities but we still had time to work on style. Included in the top spots for the older campers would be Judd Feldman, Mike Hollobow, Mike and Jeff Shapiro, and Greg Weissman.

James Atlas and Craig Friedman could be seen around the courts every day trying to improve their play. Some of the more dedicated players the second four would include Scott and Greg Silverman, Josh Myers, Teddy Levine, and Steven Kirsch.

Tim Mukanč &  
Bill Strange  
Tennis Pros



# TRACK

Track class was a very enjoyable experience although for some of us it ranged from muscle aches and pains to total exhilaration.

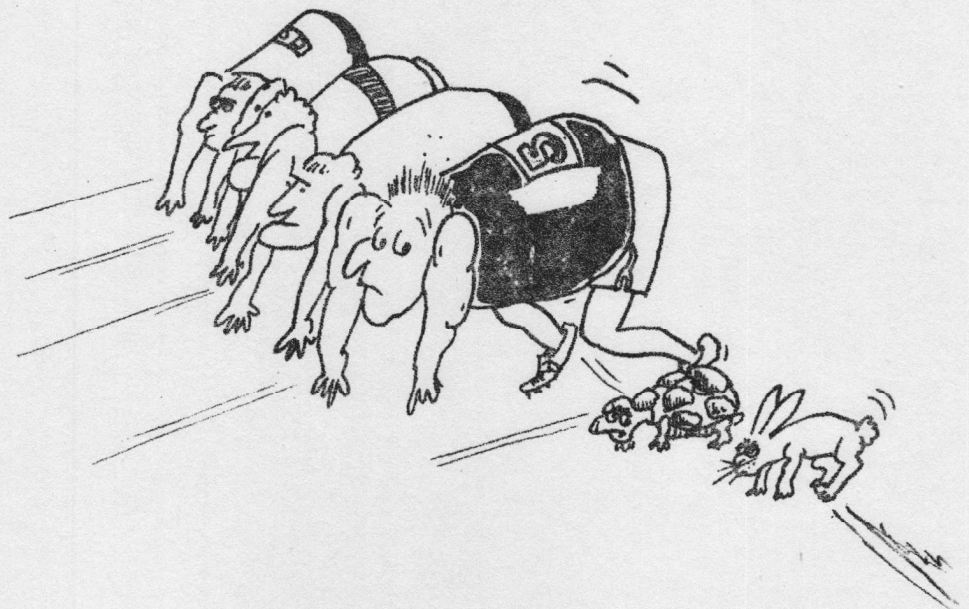
We did a lot of running and also learned some fundamentals of field events. Most importantly we discussed and demonstrated proper stretching and strengthening excercizes and their importance to avoiding injuries.

Remember all the conditioning runs on the Mini-Bike trail, the basketball court road, and to Rural? When we held time trials it helped all of us in pacing. Dan Greenstein ran away with the sprints, Jeremy Perlow leading the aerobic runs. How about Sy Sussman beating Poole & Mark Squires in a half mile race? And Josh Greenstein making it all the way to Rural & back a bit behind the lead runners Sy Sussman, Ken Saunders, big Brother Dan, and the rest?

First four weeks saw David Pine, Gary Korrub, Rick Friedman, Mike Ash, Brad Adelman, Gary Schotz, and Steve Ellis on the trail. Second four saw some die-hards run daily namely Phil Telpner, Todd Zirlin, and Dan Mostovoy. Joining us were Dave Goldman on a unicycle (occasionally) Ken Lapins, at times, Brad Polan, (once), Jeremy Perlow and the Greensteins.

Hopefully we will all keep running, stay healthy and finish preparations for the upcoming marathons.

Rick Poole  
Olympic Hopeful





# WATERFRONT

This year the waterfront staff was one of the best ever assembled at Camp Waupaca. The staff continually exerted itself in order to provide a program of highest quality. Both swimming and skiing instructors invested a tremendous amount of time during class, and especially outside of class, to provide the campers every opportunity to acquire new water skills. Their dedication is a credit to both themselves and Camp Waupaca and helped keep this program one of the safest in the country.

The swim classes occupied a tremendous amount of time as all boys in cabins 1-15 were required to attend classes. Thus the swim staff had a heavy load everyday, Monday through Saturday. As usual, the courses offered were designed and approved by the American Red Cross.

All boys, before using the waterfront, were given swim checks to determine their swimming ability. Depending on their abilities, they were limited to particular swimming areas. All boys were also required to take the Basic Water Safety Course, which is designed to help even non-swimmers become safe around water. This course was followed by individual swimming evaluations. On this basis, each swimmer was assigned to one of the following classes: Beginner, Advanced Beginner, Intermediate, Swimmer, Basic Rescue, or Advanced Swimmer.

Reflections from some of the swimming instructors follow:

Dan Shaffer: Once again this year it was a fantastic year for swimming. Manny's saying, "It never rains at Camp Waupaca" seemed to hold true since the only rain was at night, and we were fortunate to have beautiful weather during the day.

It seemed that everyone had a great time while they learned alot.



Mark Menacker: Everyone had a good time in swimming and seemed to show good improvement. However, some campers showed such enthusiasm that they deserve special mention: Adam More was the most enthusiastic swimmer in the third hour class while Richard Friedman gets the honor for the fourth hour class.

Chuck Anfield: Attention was given to perfecting the breaststroke, the sidestroke, and to teaching diving and survival floating.

Jeff Zeinfeld, a good student who wants to learn and has been a good influence to the rest of the class, has mastered the breaststroke. Dan Fuhman has improved his breaststroke but it has been tough for him to break his old habits. David Euer has a great stroke coordination but still needs more work in this area. Jackie Sirajullah, Howard Malitz, Kevin Schulman, Alan Hochman, and David Buyer have also made good progress.

Although neither Jackie nor Kevin had ever dove before, they made good progress in diving.

The whole class enjoyed the survival floating, and I believe they learned the basic techniques.

Bob Friebel: It has been a joy to teach swimming this summer at Camp Waupaca. Never before in my three years of teaching swimming have my efforts paid off with such high returns. The kids seemed very willing to learn what I showed them and many improved their abilities by great margins. A few of these boys deserve mentioning for their vast improvement in their swimming skills: Josh Greenstein, Gary Korrub, Matt Richmond, Scott Rubin, and David Cohen.

After rowing Scott Silverman seemingly an endless amount of lakers, he finally earned his Red Cross 50 mile patch. Congratulations Scott!

My most consistent and most dependable swimmer, had to be Michael Ash. He rarely, if ever, missed a class, and he worked very hard. Being in an advanced class, there was not much more room for him to improve but he found things to learn.

Joey Berman made great progress this summer. It's really great to see a camper as dedicated as he was to improving his swimming. He must have been the most devoted swimmer in camp because he always had to be dragged out of the water!

The following boys received swimming awards in one or more of the following categories:

BEGINNER SWIMMING

The following campers have performed the following Beginner Swimming skills: jump into deep water; level off; swim 15 yards; turn and swim back; swim halfway back; turn onto back; float for 30 seconds; turn onto front; swim back to starting point:

KEN LAPINS	GREGG SHAMBERG	MARK LEB
COLE LEAVITT	MATT WANTY	JIM GOLDWASSER
KEITH RABIN	STEVE WEINSTEIN	LENNY BURSTYN
SCOTT RUBIN	LEE RUDY	ADAM MORE
MIKE SCHECHTMAN	DAVID SPIWAK	

ADVANCED BEGINNER IN SWIMMING

The following campers have performed the following Advanced Beginner skills: 1. Dive into deep water, swim 15 feet underwater, surface, tread water 1 minute, and swim crawl stroke for 20 yards. 2. Jump into deep water, surface, perform 2-minute survival float, and swim elementary backstroke, 20 yards.

DAN CHESLER	JEFF DUBOFSKY	ROBERT EZSAK
ADAM FISHMAN	CRAIG FRIEDMAN	JUSTIN GRAHAM
DAVID GREENWALD	BOBBY GROSS	DAN HERMAN
DAVID KRAMER	DAVID LEVY	BILL LINDICH
DAVID LUNDSTROM	LORNE MALIN	GARY MINES
JASON MORE	JOSH MYERS	JASON PERLOW
MATT RICHMOND	JOHN RIFF	BRIAN ROSENBERG
DON SCHWARTZ	RICKY SHAMBERG	GREG SILVERMAN
STEVE WANTY	TODD ZIRLIN	SCOTT SIEGAL
DAVID MOSZKIEWICZ	DAVID COHEN	ROBERT MASTER
JASON SIEGAL	MATHEW GLASS	HARLEY NOROFF
STEVEN ELLIS	TONY DAVIS	MICHAEL ASH
GARY SCHOTZ	HOWARD SCHAFFER	BRAD SHOEMAKER
BLAINE FELDSTEIN	STEVE MASTER	KEVIN SCHULMAN
DAVID BUYER	BOBBY FRANK	

### INTERMEDIATE SWIMMER

The following campers have performed the following Intermediate Swimming skills: 1. three leg strokes; 2. four arm strokes; 3. 50 yd., elementary backstroke; 4. 100 yd., selected stroke; 5. turns, front and back; 6. survival floating; 7. sculling; 8. tread water; 9. float; 10. underwater swim; 11. standing front dive; 12. rescue skills; 13. 5-minute swim:

BRAD ADELMAN	JAMES ATLAS	DAVID BARR
STEVE BLOCK	PAUL CHANAN	SCOTT DIAMOND
ELIZABETH EUER	JIM FEINSTEIN	JUDD FELDMAN
MIKE FINE	KEITH FOHRMAN	RICK FRADIN
RICHARD FRIEDMAN	DAVID GLICK	HOWIE GOLDBERG
JOSH GREENSTEIN	BOBBY GRUEN	TODD HORBERG
RICHARD HORWITZ	JORDAN KLEIN	GARY KORRUB
DAVID LASKER	BLAKE LEVINE	TEDDY LEVINE
MIKE MANELIS	SCOTT MILLER	BARRY MUNIC
DAVID NEIMAN	ERIC OCRANT	JEREMY PERLOW
DAVID PINE	GREG PREBISH	STEVE PRICE
DAVID REINSTEIN	SCOTT RING	DON SCHNAIR
JEFF SHAMBERG	JEFF SHAPIRO	JACKIE SIRAJULLAH
HOWARD TOPEL	CARY ZAKON	MICHAEL HOCHMAN
DAN FURHMAN	SCOTT SNYDER	BENNETT SHAPIRO
RONNIE LEVINSON	JOHN ABT	JEFF VELTMAN

### SWIMMER

The following campers have performed the following Swimming skills: 1. 100 yards, breaststroke 2. 100 yards, sidestroke 3. 100 yards, crawl 4. 50 yards, back crawl 5. 50 yards on back (legs alone) 6. Turns (on front, back and side) 7. Surface dive; underwater swim, 20 feet 8. Disrobe; float with clothes, 5 -inutes 9. Long shallow dive 10. Running front dive 11. 10-minute swim:

STEVE CHANAN	STEVE DANIELSON	DAVID EUER
ADAM FLEISCHER	DAVID KENNEDY	DAVID MELAM
HAROLD PINE	BRUCE RICHMOND	JOSH RING
MARC ROSKIN	JEFF SPAGAT	SCOTT WEISSMAN
ALAN HOCHMAN	HOWARD MALITZ	

### ADVANCED SWIMMER

The following campers have performed the following Advanced Swimmer skills: 1. 100 yards, elementary backstroke 2. 100 yards, breaststroke 3. 50 yards, inverted breaststroke 4. 100 yards, sidestroke 5. 100 yards, overarm sidestroke 6. 100 yards, trudgen crawl 7. 100 yards, back crawl 8. 100 yards, crawl 9. 5-minute float 10. Survival float (clothed), 10 minutes 11. Surface dive feet first; underwater swim, 10 yards 12. Running front dive 13. 30-minute swim.

SCOTT SILVERMAN      JOEL FEINSTEIN      DAN GREENSTEIN  
JEFF ZEINFELD

### BASIC RESCUE

The following campers have passed the Basic Rescue skills:

LOREN ROSEMAN      ERIC GOULD      GREG RICHMAN  
SCOTT SILVERMAN      JEFF ZEINFELD      JOEL FEINSTEIN  
RICK GARFINKLE      PERRY GOLDBERG      DAVID GOLDMAN  
DAN GREENSTEIN      KIM GREENWOOD      DAVID KAPLAN  
KEN KRAMER      DAN MOSTOVOY

### BASIC WATER SAFETY

The following campers have passed the Basic Water Safety course: (This course involved only nonswimming and equipment rescues.)

ADAM MORE      JOSH GREENSTEIN      ROBERT MASTER  
MATT RICHMOND      SCOTT SIEGAL      SCOTT RUBIN  
COLE LEAVITT      RICHARD FRIEDMAN      GARY KORRUB  
LORNE MALIN      MICHAEL ASH      DAN FURHMAN  
LENNY BURSTYN      JIM GOLDWASSER      LEE RUDY  
BOBBY FRANK      MATT WANTY      STEVE WANTY  
DAVID MOSZKIEWICZ      DAVID COHEN      SAM GREEN  
JASON SIEGAL      GREG SILVERMAN      ERIC OCRANT  
TEDDY LEVINE      JUSTIN GRAHAM      MATTHEW GLASS  
JIM FEINSTEIN      DAVID SPIWAK      ELIZABETH EUER  
STEVEN ELLIS      TONY DAVIS      TODD HORBERG  
HARLEY NAROFF      JORDAN KLEIN      JASON MORE  
MARC ROSKIN      HAROLD PINE      BLAINE FELDSTEIN

BASIC WATER SAFETY CONTINUED

JOHN RIFF	RONNY LEVINSON	ADAM FLEISCHER
STEVE MASTER	JON ABT	JEFF VELTMAN
SCOTT SILVERMAN	DAVID KENNEDY	DAVID BARR
JOSH MYERS	GARY SCHOTZ	MICHAEL HOCHMAN
HOWARD SCHAFFER	JEFF ZEINFELD	SCOTT SNYDER
BENNETT SHAPIRO	DAVID PINE	DAVID EUER
PAUL CHANAN	BRAD ADELMAN	BRAD SHOEMAKER
DAVID LEVY	STEVE DANIELSON	BOB MOSZKIEWICZ
MARK LEB		

BASIC SURVIVAL SWIMMING

The following campers have performed the following Basic Survival Swimming skills: 1. Breath Control  
2. Floating 3. Human Stroke 4. Elementary Backstroke  
5. Feet-first Surface Dive 6. Underwater Swimming  
7. Jumping From a Height 8. Lifesaving 9. Improvised  
Flotation Devices 10. Artificial Respiration

PAUL CHANAN	DAVID EUER	BOBBY FRANK
STEVE KIRSCH	JOSH MYERS	DAVID PINE

SWIM AND STAY FIT PROGRAM

The following campers have participated in the Camp Waupaca Swim and Stay Fit Program by swimming across the lake the indicated number of times:

BRAD ADELMAN - 3	GREG BERKE - 15	STEVE BLOCK - 1
PAUL CHANAN - 1	STEVE DANIELSON - 14	
SCOTT DIMOND - 2	DAVID EUER - 5	ELIZABETH EUER - 2
ADAM FLEISCHER - 2	PERRY GOLDBERG - 1	
KIM GREENWOOD - 1	TODD HORBERG - 2	KAVID KAPLAN - 1
LARRY KIRSCH - 12	KEN KRAMER - 1	ERIC OCRANT - 2
JOSH RING - 1	MARC ROSKIN - 3	JEFF SPAGAT - 1
SY SUSSMAN - 2	GREG WEISSMAN - 2	
SCOTT WEISSMAN - 2		

AMERICAN RED CROSS 20 MILE AWARD

JEFF ZEINFELD

AMERICAN RED CROSS 50 MILE AWARD

SCOTT SILVERMAN

# WRESTLING

"Grrr." This year wrestling took a turn for the feet. We learned to work from the feet and take-downs were a major part of the class. Most of the campers became skilled in these manoevers then moved on to learn a few planning combinations including our favorites-The bananasplit and the guillotine.

All in all this year proved to be rewarding to all the campers and us. Some of the improved wrestlers include Phil Telpner, Mark Santiago, Larry Kirsch, Matt Belden, Greg Silverman, Brad Adelman, Aaron Susman, and Scott Dimond.

The most improved wrestler was a camper who surprised us with his hard work and his use of the moves we taught was Matt Wanty. Nice work.

Steve Prebish  
Ponocha Wrestler

